

# **TITLE: INTERVENTIONS IN SOCIAL WORK: THE “TRIPARTITE BALM” FOR HOLISTIC HEALTH**

## **ABSTRACT OF LECTURE**

Some medical conditions or illnesses are beyond medical comprehension, diagnosis and treatments. Hence, the medical or physical treatments usually given to the sick and non-sick individuals may not guarantee their complete health or total recovery. This lecture therefore, is borne out of concern for the sick and non-sick individuals who need holistic health and total recovery from their illness and associated psycho-social problems. The lecture is divided into five parts. The first part makes a distinction between social work and social welfare. It also defines the concept of intervention and describes its levels (micro, mezzo and macro) and nature in social work (social work, psycho-social and spiritual intervention).

The second part of the lecture describes the concepts of “Balm” and explains the nature of Balms of Gilead and their usefulness to the mankind. It also explains what constitutes holistic health, namely physical, psychological emotional, social and spiritual health.

The third part is on the tripartite nature of interventions in social work. It explains how the interventions are effective balms for holistic health based on some empirical findings.

The fourth part of the lecture is on the research works carried out by the lecturer and his colleagues. The contributions of these research activities to knowledge and social work practice were described.

The last part of the lecture constitutes acknowledgements to the individuals organisations, agencies and the likes who have contributed in one way or the other to the achievements of the lecturer and to the success of today’s event.